

# Coldwater Volleyball Club

## Mission

The goal of the Coldwater Volleyball Club is to promote the sport of volleyball to the youth of the area, and to provide instruction to those wanting to become proficient in the sport. To this end we offer players the opportunity to play on a team during the club season.

## Expenses

The cost for our club program includes a base fee, plus the cost for uniforms. A player may wish to use shorts and/or shirts from a previous season (if approved by her coach), or may wish to order extra shorts and/or shirts. In order to participate in any Coldwater Volleyball Club activities one must be an AAU member which can be accomplished on line. Individual team fees will vary depending on the team.

## The Team

We field teams of about 10 athletes each. This number works best for the club season. We try not to make cuts from the program, but rather assign players to a team that fits their ability and age. There may however be situations where we need to make cuts to be able to run an effective program. Players will be evaluated and placed on the team that will best benefit both the program and the individual athlete.

## Coaching

We provide training to each of our coaches to keep them abreast of the best techniques for teaching the skills of the game. This training will be under the guidance of Coach Kent Neitzert who has developed a training system over his 40 plus years of coaching that has proven very effective and successful. Keep in mind, our coaches strive to properly train the athletes, and develop a successful team.

## School Sports

We try to accommodate athletes who are also playing sports through the school. We do know there will be times when the two programs overlap. When this is the case, we want the athlete to give her attention to her school sport. We ask only that she make her club coach aware of the conflict in advance so the coach can make appropriate plans for the practice and/or tournament.

## Parents

Your roll as a parent is to ensure the athlete gets to and from all practices and competitions. We ask that you be careful in your attempt to coach your daughter, as you may be in conflict with what her coach is trying to accomplish. It can be very distracting for a young player to hear her parent yelling at her from the stands, and be torn between listening to her coach and listening to her parent. It is best to talk with the coach first and see what you can do to help reach the team's and the individual's goals. Please focus on positive reinforcement of her coach's instructions.

If a situation arises where you feel it is necessary to talk with the coach, be sure to pick a time that is appropriate. Times that are definitely not appropriate are; during a match, and generally speaking during a tournament. If you have an issue with the coach, take time (24 hours) to settle down so that you can discuss the issue rationally. Do not discuss your problem in the presence of your daughter or other players. Do not confront the coach in a public venue. Should you consider it necessary you may contact the club director with your concerns but only after speaking first with the coach.